



## **OPEN AGE**

Would you like to learn a new language, learn to play an instrument,  
take up an exercise routine, learn to cook or improve your computer and mobile phone skills?  
Or just meet and make new friends?

**Join The Good Practice's PPG Coffee Morning  
Wednesday 8 December @ 11am**

to learn more

Our guest speaker, Herve Bessieres will join us via zoom  
All are welcome!

<https://bit.ly/2WB2ewO>

**OPEN AGE** is your local club, for over 50's.

There is a weekly programme with a choice of online and face-to-face courses.